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Informed Consent for Physical Therapy

Physical therapy involves the use of many different types of evaluation and treatments. Your physical therapist will use a variety of procedures and modalities to address the underlying problem, relieve your symptoms, and improve your function. As with all forms of medical treatment, there are benefits and risks involved with physical therapy.

Since the response to a specific treatment can vary widely from person to person, it is not always possible to predict precisely your response to a specific therapeutic modality or procedure. Good results cannot be guaranteed. There is also a risk that treatment may aggravate symptoms. Increased soreness or pain is sometimes a temporary part of the healing process.

You have the right to ask your physical therapist what type of treatment is planned based on your history, diagnosis, symptoms and testing results. You may also discuss with your therapist what the potential risks and benefits of a specific treatment might be. You have the right to decline any portion of your treatment at any time before or during your treatment session.

Therapeutic exercises are an integral part of most physical therapy treatment plans. Exercise has inherent physical risks associated with it. If you have any questions regarding the type of exercise you are performing and any specific risks associated with your exercises, your physical therapist will be glad to answer them.

I acknowledge that my treatment program has been explained to me, and all of my questions have been answered to my satisfaction. I understand the risks associated with a program of Physical Therapy as outlined to me, and I wish to proceed.

Signature

Date